Health Promotion & Wellness

Possible Career Options:
(some career options could require advanced study)

- Activities Director
- Adventurer/Risk Trainer
- AIDS Educator Alcohol/Drug Manager
- Aquatic Management
- Athletic Coach
- Athletic Director
- Athletic Trainer
- Cardiac Rehabilitation
- Cardiovascular Fitness Instructor
- Chiropractor
- Community Services Officer Health Educator Officer
- Community/Commercial Recreation
- Corporate Fitness Director
- Country Club Manager
- Cruise Recreation Director
- Dance Instructor/Aerobics Instructor
- Dental Hygienists Medical Records Technicians
- Director of Community Health
- Director of Intramurals & Recreation
- Director of Sports Facilities
- Director of Sports Medicine
- Emergency Medical Technician
- Exercise Physiologist
- Exercise Program Director
- Exercise Specialist
- Exercise Test Technologist
- Field Health Officer Industrial Hygienist
- Fitness Program Coordinator
- Health Club Owner
- Health Information Technicians Corporate Trainers
- Health Teacher
- Health/Fitness Instructor
- Home Health Aides Medical Assistants
- Hospital Administrator
- Hospital Health Education Units Environmental Health
- Medical Director
- Nautilis/Weight Training Instructor
- Nutrition Specialist
- Occupational Exercise Scientist
- Occupational Therapist
- Park Manager
- Personal Attendant
- Personal Trainer
- Physical Education Director
- Physical Therapist
- Physician Assistant
- Prison Recreation Specialist
- Recreation Specialist
- Recreation Therapist
- Rehabilitation Specialist
- Respiratory Therapists Personal Care Aides
- Social Director
- SPA/Health Club Manager
- Sporting Goods Manufacturer's Rep.
- Sports Event Coordinator
- Sports Information Director
- Sports Nutritionist
- Sports Psychologist
- Strength and Conditioning Coach
- Swimming Pool Manager
- Teacher; Physical Education
- Weight Management Specialists Personal Stress Manager
- Wellness Coordinator

Transferable Skills:

- Athletically inclined
- Demonstration Skills (physical activities)
- Discussion Skills (ie, human sexuality)
- Interest & Knowledge in the mechanics and general health of human body
- Interest in Coaching
- Interest in Health Issues
- Interest in Physical Activities
- Interest in Teaching
- Knowledge of Proper Nutrition
- Motivational Skills
- Motor Skills
- Oral & Visual Communication Skills
- Patience
- Planning Skills

Employment and Salary Information:

Please visit Career Services at the following website:

http://www.fhsu.edu/career/

Occupation Information:

Please visit the Occupational Outlook Handbook website: **(does not have information on every occupation)**

http://www.bls.gov/ooh/