

Forsyth Library's

Health, Human Performance and Recreation Research Guide

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Resources in Health, Human Performance and Recreation



Databases

[CINHAL](#)

Contains information for research in nursing and the allied health professions
"Databases" on the Library Website

[Kinesiology Publications](#)

The library subscribes to a collection of theses and dissertations from the areas of exercise and sports sciences, health, physical education, and dance reaching back to 1947 -this database provides citations to these titles.

"Databases" on the Library Website

[Physical Education Index](#)

Contains citations for resources in the area of physical education - available only through the reference desk at Forsyth Library

First Search - per search account - Reference Desk

[ISI Basic Science Index](#)

Contains citations for articles within the sciences, including medical and life sciences

"Databases" on the Library Website

[Health Reference Center - Academic](#)

Informational articles on fitness, medicine, nutrition, etc. (The material contained in this database is intended for informational purposes only)

"Databases" on the Library Website

[Proquest Nursing Database](#) Complete, full-text information from leading nursing, allied health, and related publications

"Databases" on the Library Website

[General Science Full Text](#)

Database is within the *Wilson OmniFile Full Text, Mega Edition*. Contains full-text of popular and professional science journals in the field of health

"Databases" on the Library Website

[Medlineplus](#)

Information from National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations which can be accessed without using the library's proxy server.

"Databases" on the Library Website

[PubMed Central](#) The U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature which can be accessed without using the library's proxy server.

"Databases" on the Library Website

[Expanded Academic](#) Index coverage and full-text articles are available from the broad subjects provided by this database

"Databases" on the Library Website

[Health & Wellness Resource Center](#)

Comprehensive resource for libraries, schools, and hospitals that provides integrated access to medical, statistical, health, and wellness information

"Databases" on the Library Website

[Research Library](#) Covers a broad range of subjects, including health, with many full-text articles available

"Databases" on the Library Website

Major Journals

<i>American Journal of Health Education</i>	LB3401 .A57
<i>American Journal of Physiology</i>	MF 612.05 A512
<i>Journal of Applied Physiology</i>	MF 612.05 J86
<i>Journal of Athletic Training</i>	RC1200 .A84
<i>Journal of Orthopaedic and Sports Physical Therapy</i>	RD701 .J69
<i>Journal of Physical Education, Recreation & Dance</i>	MF 371.7305 J86h
<i>Journal of Sports Medicine and Physical Fitness</i>	RC1200 .J68
<i>Journal of Teaching in Physical Education: JTPE</i>	GV363 .J68
<i>Medicine and Science in Sports and Exercise</i>	MF 617.1027 M489
<i>Perceptual and Motor Skills</i>	JA1 .R4
<i>Research Quarterly for Exercise and Sport</i>	MF 371.7305 R432

Electronic Journals

[A to Z Journals](#)

Go to Subject Tab and choose "Geography, Anthropology, Recreation"
(This is available only on-campus)

"Databases" on the Library Website

[PubMed Central](#)

U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature, including Journal of Athletic Training

"Electronic Journals" on library web site

[DOAJ \(Directory of Open Access Journals\)](#)

Sports Medicine (Health Sciences) and Sports Science (Social Sciences) are available through this database

"Directories" on the library web site

Reference Print Sources

Quick Reference Dictionary for Athletic Training

RC1206 .B475 2002

Handbook of Sports Medicine: A Symptom-Oriented Approach

RC1210 .H36 1999

International Encyclopedia of Women and Sports

GV709 .I58 2001

Encyclopedia of Sports Science

GV558 .E53 1997

Sports Injuries Sourcebook

RD97 .S736 2002

Cornell Illustrated Encyclopedia of Health

R125 .C674 2002

Encyclopedia of Physical Education, Fitness, and Sports

GV567 .E49 1977

Dictionary of the Sport and Exercise Sciences

GV558 .D53 1991

Sports Rules Encyclopedia

GV731 .S75 1990

Sports Rules on File

GV731 .S77 2000

Statistical Sources

Statistical Record of Health & Medicine

Ref RA407.3 .S83 1995

Health Care State Rankings

Ref RA407.3 .H423 2003



Finding Books

If you would like to browse for books,
try looking in these areas in the General Collection on the 2nd floor:

GV 201-555 Physical Education & Training
GV 561-1198.995 Sports
RC 1200-1245 Sports Medicine
RD 92-97.8 Emergency Surgery, Wounds and Injuries

How to use the [Online Catalog](#) to search for books

To access the catalog, click on the link above, or go to the library's homepage at www.fhsu.edu/forsyth_lib. Next, click on "Online Catalog", on the left hand side under *Quick Links*.

Type in your topic in the "Find this" box. Type in just the key (most important) words, and leave out "the", "and", "an", etc.

Next, choose what type of search you want to do: keyword, title keyword, journal title, etc. This tells the computer where you want it to look for your search terms:

Keyword Search: Searches for your term in every area, including title, descriptions, publisher, author, etc. This search will yield many results, but many will be irrelevant because your term is just mentioned briefly, and is not necessarily a focus of the book.

Title Keyword: This finds only those items that have your search terms in the title. It is a good way to find really relevant items on your topic. You can also use this search if you are looking for a specific book but are unsure of the exact title.

Left Anchored Title: Use this if you know the exact title of an item, or the first few words.

Author Browse: Find all works (owned by Forsyth Library) by a particular author. Enter the name last name first, followed by the first name, or an initial, if you know it.

Journal Title Keyword: search for a full or partial journal, newspaper or magazine title. Click on the title to see the call number and what years/issues of this periodical the library owns.

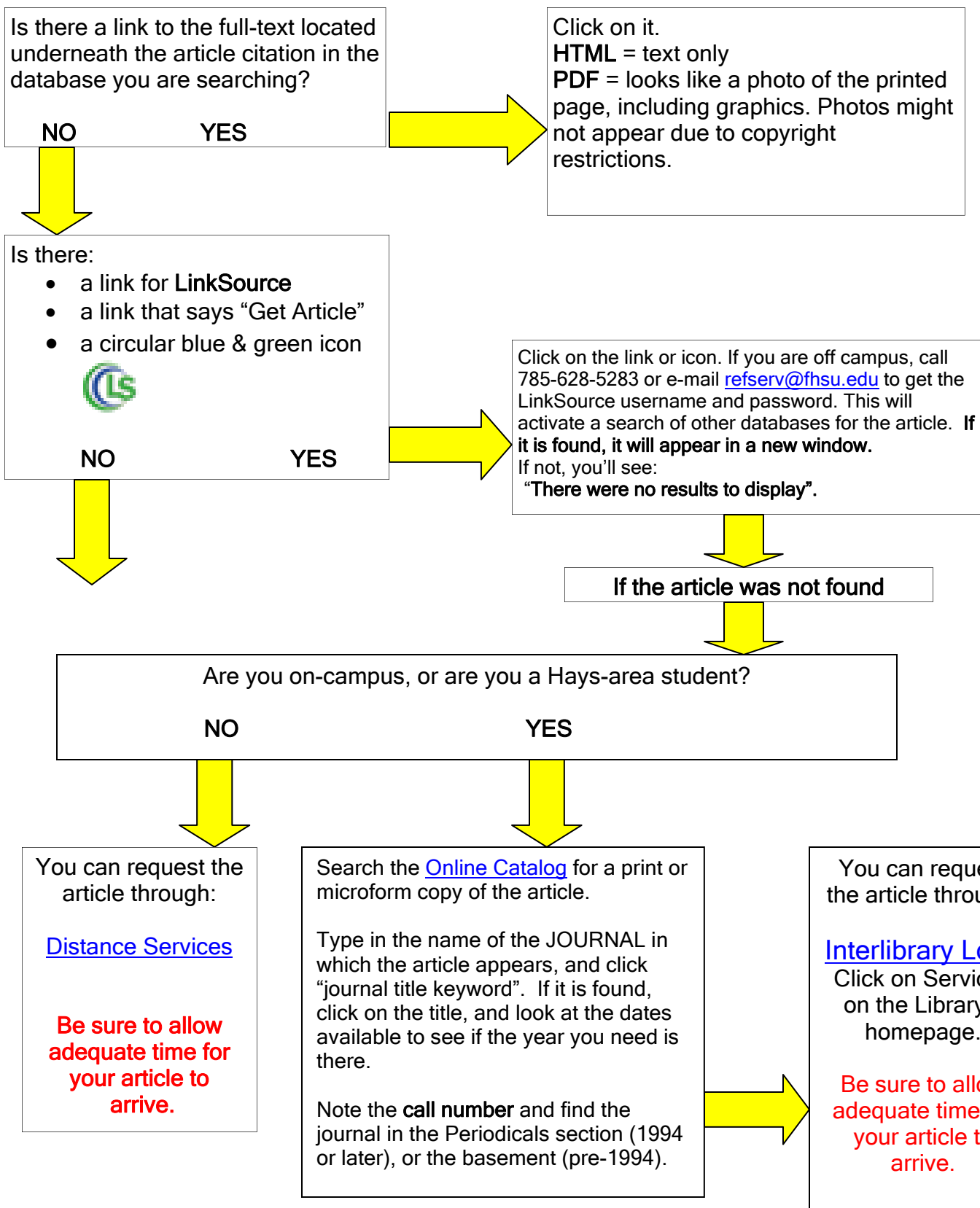
Once you've found a title you like, note the **location, call number, and status** (if it is checked out or not).

Title: **The anatomy of hope: how people prevail in the face of illness.**

Location: General Collection: Top Floor **Call Number:** R726.5 G76 **Status:** Available

NOTE: These searches are explained in the "Tips for Simple Search" box underneath the gray & black search area.

Finding Full-Text Articles Flowchart



Citing Your Sources

Style Guides

Online: [Duke University's Citation Guide](#) (the basics)

Print: Style Manuals are available at the Reserve and Reference Desks, and in the Reference Section.

If you are unsure about which style manual to use, consult your professor.

American Psychological Association (APA): BF76.7 .P82

[APA Format and Style Guide](#) by *Purdue Writing Lab*

APA Style Guide to Electronic Resources: BF76.7 .P82 suppl. 1 2008

Copies available at the Reserve Desk and the Reference Desk

Modern Language Association (MLA): LB2369.G53

[MLA Format and Style Guide](#) *Purdue Writing Lab*

Chicago Manual of Style: Z253.U69

[Chicago Format & Style Guide](#) *Ohio State University*

Turabian Manual for Writers: LB2369.T8

[Turabian Format & Style Guide](#) *Ohio State University*

For additional writing assistance, contact the

[FHSU Writing Center](#)

628-4106, Forsyth Library Rm. 20

HOURS

Monday - Thursday: 9:30 a.m. – 5:00 p.m.

Monday, Tuesday & Wednesday Evenings: 6:30–8:30 p.m.

Friday: 9:30 a.m.–12:30 p.m.