FORT HAYS STATE UNIVERISTY

Tiger International

November 2013

Special points of interest:

- Calendar of events on last page

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From the Desk of the Advisor — Carol Solko-Olliff

Happy Fall!!! It is hard to believe that the fall semester is quickly passing by. There is a great deal of **important information in this newsletter**, so I would ask that you take a few minutes to read through it all. If you have questions please stop by the International Student Services Office.

IMPORTANT REMINDERS:

IMMIGRATION INFORMATION – OPTIONAL PRACTICAL TRAINING

Are you graduating this December 2013 semester? If you are and want to apply for optional practical training, please stop by the International Student Office **as soon as possible** and pick up the application. Practical training applications can take 60–90 days to be completed and processed by USCIS. **Remember,** you cannot start a job until you receive this work authorization AND you must apply **BEFORE** you graduate.

TRAVELING ABROAD OR GOING HOME FOR THE SEMESTER BREAK

F-1, F-2 and J-1 students must have an endorsed (signed) I-20 or DS-2019 if leaving the U.S. and returning. If you have changed status, **OR** if your visa has expired, you must get a new visa before re-entering the U.S. To get a new visa you will need some additional documents to take to the Embassy. **Please allow three (3) working days for us to issue a new I-20 for you if you need one.**

CHECK YOUR PASSPORT & I-20 or DS-2019

If your passport, I-20 or DS-2019 is expiring, **you must renew and get a new one BEFORE the expiration date**, even if you will not be traveling outside the United States! Come in and see Marnie, Karen or myself if you need information on how to get a new passport, I-20 or DS-2019.

International Education Week – November 17-22, 2013

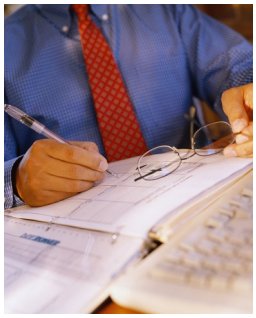
We have planned a number of events and activities to celebrate International Education Week (IEW). Please come and join President Hammond and Hays City Mayor Kent Steward as they sign proclamations that officially start the week. The proclamation ceremony will be held on **Monday, November 18th at 9:00 am in the lobby of Sheridan Hall.** This is a great opportunity to promote the importance of international education, and **YOU** as international students on campus and in our community. I hope you will plan to take part in many of the activities. We want to LEARN from YOU!!

FALL BREAK

Remember that fall break will be November 25 – December 1. This is a great time to take a break from your studies before finals week and the end of the semester. If you plan to travel, please be safe and watch the weather conditions.

Lastly, if you are feeling a little stressed, don't be surprised. This is the time of the year when students experience a little culture shock, and/or adjustment issues. If you are not doing as well as you had hoped in classes, are having difficulty with relationships, disliking the food, experiencing trouble with English, feeling homesick or ill, or maybe you feel like you do not have a close friend you can really talk to, stop by the International Office and let us know. Any of these things can cause sadness, depression or overall negative feelings. Living in a different culture is very challenging. Culture shock, missing your home country and family and emotional ups and downs are a normal part of living in a new country and sometimes are hard to avoid. **It WILL get better,** but adjustment takes time. *We are here to help and support you, let us know what we can do! Have a great November and Happy Thanksgiving!!*

On-Campus Employment



Please remember as an F-1 or J-1 visa holder you are only allowed to work 20 hours total per week for all jobs when school is in session, and this work must be **ON CAMPUS**. Off campus employment is not allowed unless approved as part of OPT or CPT. Graduate assistantships are considered a job and counted toward the 20 hours per week. Our office will be verifying with the student employment office and Chartwells the number of hours students are working. If students are working more than 20 hours for all jobs, if they have more than one, we will contact them and the supervisor(s) they are working for. Please stop by the International Office if you have questions regarding this. Our office wants you to be successful academically and do not want work to interfere with your coursework.

Spring 2014 Classes

If you have not already picked your classes for the spring 2014, you should get started now. Please use TigerTracks to pre-register for classes. Log into TigerTracks and go to "Online Services" tab to find TigerEnroll. Then fill out the course worksheet through TigerEnroll to get approval for the classes from your academic advisor. If you would like to talk about your classes, you should make an appointment with your academic advisor. Early registration has already started. Please refer to the University calendar for registration date based on classification (graduate, senior, junior, sophomore, and freshman) and family name. If you have any questions about when you can enroll or who your academic advisor is, please do not hesitate to contact the International Student Services Office. As a reminder, you can only enroll in one (1) three hour virtual college course to count toward your full-time enrollment.

Group Health Insurance Procedure

If you are not purchasing the Kansas Board of Regents insurance plan, you must turn in the Student Health Insurance Waiver Form with a copy of your policy's benefits summary page (in English), and the Acceptance/Denial Form **EVERY** SEMESTER. *For the spring semester, the date is, January 21, 2014. Forms & insurance brought in after this date WILL NOT be accepted.* If you have questions regarding health insurance, please visit with Marnie in the International Office.

The International Student Services Office has a procedure students must follow if you choose to purchase your own private insurance. We want to make sure that students are aware of the procedure.

First, there is an **Acceptance/ Denial Form and a Student Health Insurance Waiver Form** that students must complete if they have their own private health insurance. These forms have important information as well as deadlines on when forms must be turned in. Forms can be obtained on-line at following website **http://www.fhsu.edu/ international/health/**. Forms can be printed off in the library or in any computer lab.

Second, students must provide proof of private insurance which includes the card or certificate, explanation of benefits, and US contact information (telephone & address) all in English. The insurance must meet the minimum requirements that are listed on the Student Health Insurance Waiver Form.

Health insurance is required for all Fort Hays State University international students.

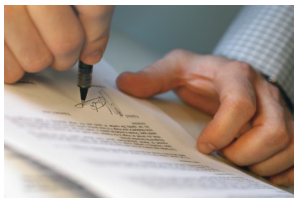
Spring 2014 Health Insurance

Students have been able to start pre-enrolling for the spring 2014 semester. Please remember that if you have your own private health insurance that you must complete the two waiver forms and provide proof on insurance. Please see procedure above for more details. You can start completing these forms now and bring in all documentation before the end of the fall semester. Forms can be obtained on-line at the following website **http://www.fhsu.edu/ international/health/**. Forms can be printed off in the library or in any computer lab.

Let's Get Excited About International Education Week!

International Education Week (IEW) will be celebrated on the FHSU campus and in the Hays community starting Sunday, November 17 through Friday, November 22, 2013. This is your week to celebrate and share with the campus and the Hays community your cultures, traditions, and lifestyle. If you would like to participate or present a program, please let the International Office know. Also, if you have ideas about programs and events for this week, please share them with our office. The International Student Services Office appreciates you getting involved and any help you can provide to us to celebrate your week!

Proclamation Signing



A proclamation is a formal announcement to make something known. President Hammond and the Mayor of Hays will be proclaiming International Education Week at FHSU on Monday, November 18, 2013 at 9:00am in the Dreiling Lobby (Sheridan Hall). **WE ENCOURAGE ALL INTERNATIONAL STUDENTS TO ATTEND** this event to show support for International Education Week and internationalization at FHSU. A reception will follow this event including refreshments.

2014-15 FHSU Scholarship Application

The 2014-15 Scholarship is available at http://www.fhsu.edu/finaid/Scholarships/. The priority deadline for applying for scholarships for 2014-15 is November 15, 2013. The final deadline is February 15, 2014. If you have question please stop by the Scholarship Services Office in Picken Hall 202 or call 785-638-4408.

International Emergency Telephone Number

The International Student Services Office has a cell phone that can be called after normal office hours or on the weekend for emergency purposes.
We would ask that if you have questions that can be answered during normal office hours that you call the office number at 785-628-4276. If an emergency situation such as sickness, problem or an accident happens outside of office hours, please use the cell phone number 785-259-0005 and someone from the ISS will try to assist you.

Safe Ride

Are you planning to hang out at a friend's house, a bar or other location? Will you or a friend need a ride home? Don't take the risk of driving drunk or riding with someone else who has been drinking. Protect yourself, your loved ones and others by taking advantage of the Safe Ride program. Safe Ride offers a free ride home, no questions asked. **Call (785) 621-2580 Wednesday through Saturday 10 p.m. to 3 a.m.**

Fall Break/Thanksgiving Vacation

There will be **no classes** Nov. 25—29, 2013 for Fall Break and in observance of Thanksgiving. If you can, we encourage you to travel and visit friends, or family elsewhere in Kansas or the U.S. You might want to do some shopping or sightseeing outside of Hays. Whatever you do, take at least a short break from studying. Most students need to take their minds off of school before entering the last part of the semester, and all of the pressure that comes with final exams. Take time to relax and take a break!

Residence Halls Over Thanksgiving Break

If you plan to stay in the residence halls over fall break, you will need to sign up in the Residential Life office no later than November 15. There will be an informational meeting held on Thursday, November 14 at 6:00pm and 6:30pm in McMindes Hall 2R classroom to go over procedures and staying in the halls over Fall Break. **Student MUST sign up to stay in the residence hall over Fall Break no later than November 15!**

Winter Break Travel Opportunity

Are you making plans for winter break? Great! You could spend an exciting week experiencing Christmas in Colorado at an international house party with the Tippy family. Meet other international students from around the world, learn about Christian Christmas customs, enjoy nature and practice your English. For more information please contact Jarod and Amanda Tippy at thetippys@gmail.com or 785-301-2703.

Community Thanksgiving Meals

Hays Community Thanksgiving Dinner
A Community Thanksgiving Dinner will be held on Thanksgiving Day, Thurs. Nov. 28 at Noon (12:00 p.m.). International students who will be in Hays on Thanksgiving are encouraged to attend! The dinner will be held at the Armory on Main Street, South of the Hays Aquatic Park. The Armory is within walking distance of FHSU.

Medical Bills and Insurance

First, if you purchased the group health insurance through FHSU (not a private health insurance in the US or your home country), the insurance company will no longer send printed cards. You will need to go to the United Health Student Resources web site at https://www.uhcsr.com/
On the right side of the page under Direct Links you will click on the create your online account now. Complete the information that is asked for and be sure to use your university email.
Second, for those students who have been seen at the hospital or other doctor office and are receiving bills, once you print your health insurance card, bring your insurance card and your bills to the Student Health Center and they will help you with the next step in getting your bills paid. Please do not hesitate to go to the Student Health Center if you have questions

Tiger Transport

Tiger Transport is a FREE van transportation service that runs a fixed route throughout Hays. It operates each Wednesday & Friday from 2:00-7:00pm and Saturday from 2:00-9:00pm. Tiger Transport stops at The Mall and Wal-Mart. The van pick up location on campus is at the Wiest Hall parking lot. Check out the Tiger Transport website for route schedules and times: http://www.fhsu.edu/international/Tiger-Transport/

Tiger Transport WILL run it's regular schedule during Fall Break.

Getting A Kansas Driver's License

Many of you are thinking about getting a driver's license in the United States. In order to get a driver's license, you must attend a DMV Workshop.

The workshop will provide you information about driving laws and other important information. At the end of the workshop, you will receive the necessary documentation to start the process of getting a driver's license.

You will also need to read the driver's license handbook which you can view at the following website, http://www.ksrevenue.org/pdf/dlhb.pdf.

You will be quizzed during the workshop on information in the handbook so please make sure you read it before attending the workshop.

The International Office, will offer more DMV Workshops in the Spring 2014 semester. Please be watching your weekly emails and newsletters for this information.

IMPORTANT – FALL BREAK INFORMATION!!

Fall Break at FHSU is right around the corner. For those of you new to FHSU this semester, fall break is a week long break from classes, homework, and tests. Many students chose to travel during this break time. If you are planning on staying in Hays, below is the schedule for on-campus services such as Forsyth Library, the Wellness Center and food service. Information about Tiger Transport, restaurants within walking distance of campus, and on-campus events are also below.

Meals
Restaurants within Walking Distance

Below is a listing of restaurants that are within walking distance of FHSU.

Taco Shop—333 W 8th St—625-7114
Gutch's—109 W 7th St—623-4088
Soda Shoppe Café—800 Main St—625-7323
Golden Q—809 Ash St—625-6913
Quizno's—135 W 8th St—625-6222
Lomato's Pizza—130 W 9th—623-2888
Gella's Diner—117 E 11th St—621-2739
Chinese Food Express—1312 Main St—628-9999
Cancun Mexican Grill—1011 Elm St—621-4550
The Bakery Shop—205 E 7th St—625-9508
Daylight Donuts—113 E 8th St—625-7016

Delivery

This is a listing of restaurants that you call (we have provided telephone numbers for you) with your order (what you would like to eat) and they will bring your meal to your residence hall room or apartment when it is ready. When you are placing your order over the telephone, the restaurant employee will tell you how much your meal is going to cost so you can have your money ready when they bring you your meal. Also, remember to give the restaurant employee your address so they can deliver your meal to you! It is a very convenient way to eat because you do not need to leave your apartment. We have also provided web addresses to most of the restaurants to you can view their menu online and have your order ready when you call them.

Continued. . . IMPORTANT – FALL BREAK INFORMATION!!

Restaurants with Delivery in Hays

Chinese
China Garden – 628-2280
Chinese Food Express – 628-9999
Pizza
Domino's Pizza – 625-2311 -- www.dominos.com
Lomato's Pizza– 623-2888
Pizza Hut – 628-1777 -- www.pizzahut.com
Mexican
Taco Grande – 625-1413
Taco Shop – 625-7114 -- www.tacoshop.net
Subs & Pasta
Mr. Goodcent's — 650-0800 — www.mrgoodcents.com/index.cfm
Jimmy John's—621-2227—http://www.jimmyjohns.com/

Forsyth Library –

Saturday, Nov. 23 and Sunday, Nov. 24 - CLOSED
Monday, Nov. 25—Wednesday, Nov. 27 – 8:00 am – 4:30 pm
Thursday, Nov. 28 and Friday, Nov. 29 – CLOSED
Saturday, Nov. 30 – 10:00 am – 5:00 pm
Sunday, Dec. 1 – 1:00 pm – Midnight (12:00 am)

Wellness Center -

The information will be sent out to all the international students once it is available.

On-Campus Food Service

McMindes Cafeteria

Friday, Nov. 22 at 2:00pm – Sunday, Dec. 1 through lunch – CLOSED – No Food Service

Union Station & Mondos Subs

The information will be sent out to all the international students once it is available.

Union Grab 'N Go

The information will be sent out to all the international students once it is available.

Outakes

The information will be sent out to all the international students once it is available.

Tiger Transport –

Tiger Transport WILL be running its regular schedule during Fall Break. You can ride Tiger Transport to The Mall & Wal-Mart. You can shop, eat or watch a movie.

Tiger Transport Schedule:

Fridays, Nov. 22 & 29	2:00pm—7:00pm
Saturdays, Nov. 23 & 30	2:00pm—9:00pm
Wednesday, Nov. 27	2:00pm—7:00pm

FORT HAYS STATE UNIVERISTY

International Student Services
Sheridan Hall 208
600 Park St
Hays, KS 67601

Phone: 785-628-4276
Fax: 785-628-4113

E-mail: international @fhsu.edu

We're on the Web!
www.fhsu.edu/international

November 2013

S	M	T	W	T	F	S
					1	2 FHSU football @ 2pm Lewis Field
3	4 Rick Santorium & Howard Dean Debate @ 7:30pm Beach/Schmidt PAC	5 FHSU volleyball @ 7pm Gross Memorial Coliseum	6	7	8 FHSU wrestling @ 6:00pm Gross Memorial Coliseum	9
10	11	12 ENCORE: Vienna Boys Choir @ 7:30pm Beach/ Schmidt PAC	13 Diversi-Tea: Native American Indian @ 1:30pm Sunset Lounge, Memorial Union FHSU volleyball @ 7pm Gross Memorial Coliseum	14	15 FHSU volleyball @ 5pm Gross Memorial Coliseum	16 FHSU women's basketball @ 12:00pm Gross Memorial Coliseum FHSU football @ 2pm Lewis Field
17 International Music Sampling featuring Kay Werth @ 7:30pm Beach/ Schmidt PAC FREE admission with Tiger Card	18 Proclamation Signing @ 9am Dreiling Lobby, Sheridan Hall	19 FHSU women's & men's basketball @ 5:30 & 7:30pm Gross Memorial Coliseum China Presentation @ 7pm Cody Commons	20 Creation Station 11am—1pm Cody Commons Tigers Series Workshop @ 5pm in Stouffer Lounge, Memorial Union Cultural presentation on Czech-Slovak & France @ 5pm Cody Commons	21	22	23 FHSU men's basketball @ 4:00pm Gross Memorial Coliseum
International Education Week activities						
24	25	26 FHSU women's basketball @ 7:00pm Gross Memorial Coliseum	27	28 Thanksgiving	29	30 FHSU women's & men's basketball @ 2:00 & 4:00pm Gross Memorial Coliseum
Fall Break & Thanksgiving Holiday						