Allergy Injection Policy

The Fort Hays State University Student Health Center (SHC) will administer allergy injections during the regular academic year with written orders and the appropriate serum from your allergist. If you want the SHC to administer your allergy injections, first drop off your serum and instructions at the front desk and pick up a copy of the Allergy Injection Policy to read and sign. We will keep your serum refrigerated here. Alternatively, your allergist may want to mail your serum and instructions directly to the SHC. You will need to read and sign the Allergy Injections policy prior to receiving your first injection here. To schedule your first appointment, call our main number 785-628-4293. Please schedule your first appointment at least 24 hours after we receive your serum so the nurse may review your instructions. (Your initial allergy shot/shots must be administered by your allergist's office and cannot be administered by SHC.)

Allergy Shot Protocol

There is always a possibility of an adverse reaction to an allergy shot. Our allergy shot protocol requires:

- A health care provider is present in the Student Health Center.
- You are required to wait 30 minutes in the SHC and are checked by a nurse for signs of a reaction before leaving.

- No rubbing or scratching of the injections site. If itching occurs, apply ice.
- You are to avoid vigorous exercise (jogging, gym, workouts, etc.) one hour before and after injections.
- You need to immediately report any problems/reactions from an allergy injection to the SHC.

Patient Responsibilities:

- Keep current instructions, injection schedules, and serum(s) at the SHC.
- Adhere to the injection schedule prescribed by your allergist.
- Arrange to receive a scheduled injection during the semester breaks, and summer break when the SHC is closed.
- Obtain refill serum (s) as needed.
- Pick up remaining serums (s) when leaving the University for semester breaks, withdrawal, or graduation. Any remaining serum will be discarded each May after graduation.

Allergy Injection Appointment Requirements:

- Appointments must be made at least 24 hours in advance.
- If you are more than 5 minutes late for scheduled appointments, you may be asked to wait or reschedule.

- Missing three scheduled appointments results in revocation of allergy clinic privileges and referral to an offcampus medical provider, with no exceptions.
- Failure to wait 30 minutes after your allergy injection is given will result in revocation of your allergy clinic privileges and referral to an off-campus medical provider, with no exceptions.

Signature	Date