



PROFILE

Counselor educator and licensed mental health counselor specializing in trauma, suicide bereavement, and experiential graduate teaching. Experienced in clinical supervision, EMDR, and integrating AI ethically within counselor education.

SKILLS

- Trauma-informed care
- EMDR
- Suicide prevention & postvention
- Graduate teaching & supervision support
- Group facilitation
- Clinical assessment
- AI competency in counselor education
- Strong communication skills

Amy Vogel

PHD, LMHC(FL), LPC(SC) NCC,
CCTP, CT, CVMHP

EDUCATION

Doctor of Philosophy, Counselor Education and Supervision (CACREP)

August 2022 - October 2025

- University of the Cumberlands, Kentucky
- Awarded Excellence in Research
- Dissertation: Navigating the Aftermath: A Phenomenological Study of Suicide Loss Survivors' Experiences with Professional Counseling and Support
- Summa Cum Laude

Master of Arts, Clinical Mental Health Counseling (CACREP)

August 2018 - May 2021

- University of the Cumberlands, Kentucky
- Summa Cum Laude

Bachelor of Science, Dance Performance

August 1998 - May 2003

- *Ball State University, Indiana*

LICENSE/CERTIFICATIONS

Certified Clinical Trauma Professional

Certified in Thanatology

Licensed Mental Health Counselor, Florida

National Certified Counselor

EMDR Trained

Licensed Professional Counselor, South Carolina

Certified Veteran and Military Mental Health Professional

TEACHING EXPERIENCE

Assistant Professor, Fort Hays State University, Hays, Kansas

June 2026-Current

- Teach graduate-level courses in the CACREP-accredited Clinical Mental Health Counseling master's program, delivering fully online instruction in COUN 803: Research and Program Evaluation in Counseling and COUN 840: Social and Cultural Foundations of Counseling. Responsibilities include course development, online instruction, student mentoring, grading, and fostering engagement in synchronous and asynchronous learning environments.

Adjunct Professor, University of the Cumberlands, Williamsburg, Kentucky

May 2026-current

- Teach graduate-level courses in the Clinical Mental Health Counseling master's program through fully online instruction, including COUN 530: Introduction to the Counseling Profession, COUN 537: Etiology and Diagnosis, and COUN 633: Grief and Crisis Counseling. Responsibilities include course development, online instruction, student mentoring, grading, and facilitating synchronous and asynchronous learning focused on professional identity, clinical assessment and diagnosis, grief and crisis intervention, and evidence-based counseling practice.

CLINICAL EXPERIENCE

Healing Pathways Counseling & Consulting LLC — Port Charlotte, FL

Licensed Mental Health Counselor, Owner, 04/2022–Present

- Provide individual counseling specializing in trauma and disenfranchised grief
- Conduct intake assessments and treatment planning
- Deliver EMDR therapy and evidence-based interventions
- Offer community presentations on mental health topics

EPIC Community Resource Center — Englewood, FL

Licensed Mental Health Counselor, 01/2025–05/2026

- Provide individual and telehealth counseling
- Complete intake assessments and treatment plans
- Deliver community presentations on mental health topics
- Utilize EMDR with clients experiencing PTSD
- Provide counseling support to veterans
- Provide trauma counseling to survivors of natural disasters

Southwest Florida Counseling Center — Port Charlotte, FL

Registered Mental Health Counselor Intern, 05/2021–03/2022

- Provided individual, couple, and family psychotherapy
- Facilitated a Survivors of Suicide support group
- Completed intake and bio-psychosocial assessments
- Developed treatment plans and applied evidence-based interventions
- Administered clinical assessments and screeners
- Maintained agency website and produced weekly newsletter
- Participated in weekly supervision

PROFESSIONAL EXPERIENCE

Southwest Florida Counseling Center — Port Charlotte, FL

Graduate Student Counselor Intern, 2020–2021

- Provided individual and group counseling
- Facilitated group therapy for clients with persistent mental illness
- Developed a suicide loss support group
- Implemented treatment plans and documented client progress
- Conducted bio-psychosocial assessments and brief psychological tests
- Attended weekly supervision

Support After Abortion — North Port, FL

Programming Coordinator, 2020

- Provided counseling and support for after-abortion care
- Facilitated co-dependency, miscarriage, and after-abortion groups
- Trained in reproductive grief care
- Created and managed social media content for program outreach

Tragedy Assistance Program for Survivors (TAPS) — Arlington, VA

National Military Survivor Helpline Associate, 2018–2019

- Provided counseling and crisis support to military families after loss
- Documented and maintained detailed call logs
- Supported survivors at National Military Survivor Seminar & Good Grief Camp
- Provided support at National Military Suicide Survivor Seminar & Good Grief Camp

Families First of Indianapolis — Indianapolis, IN

Crisis Intervention Specialist, 2016–2020

- Provided crisis counseling for individuals experiencing suicidal ideation
- Connected clients with local community resources
- Created safety plans with high-risk clients
- Utilized the Columbia-Suicide Severity Rating Scale (C-SSRS)
- Completed documentation for every crisis intervention call

PUBLICATIONS

Vogel, Amy (2021, August). Living through a Pandemic. *American Association for Death Education and Counseling: Connects Newsletter*.

Vogel, A. & Simmons, R.T. (2023). AI integration in counselor education: Navigating ethics, opportunities, and innovations. *Therapeutic Speakeasy Quarterly*, 4, 6-7.

Page, K., & Vogel, A. (2024). Genograms: Family patterns matter. In *Marriage and family: God's design* [e-book]. Kendall-Hunt.

Vogel, A. N., & Simmons, R. T. (2025). When Rosie the robot comes to class: Using ai to support instruction. *Journal of Technology in Counselor Education and Supervision*, 3(1).
<https://doi.org/10.61888/2692-4129.1120>

PROFESSIONAL PRESENTATIONS

Vogel, A. N. (2023, April 7). *Suicide bereavement: Identifying the impact of loss and applying skills and interventions for effective treatment* [Poster presentation]. Association for Death Education and Counseling 44th Annual Conference, Columbus, OH, USA.

Simmons, R. & Vogel, A. (2024). *When Rosie the Robot Comes to Class: Using AI to Support Supervision Skill Instruction*. Counselor Education Distance Learning Conference. February 23, 2024.

Vogel, A. (2024, March 14). *Integrating AI and counseling: addressing the opportunities and challenges* [Conference session]. Promoting Equitable Mental Health Wellness by Uniting and Advocating Worldwide, Wiesloch, Germany.

Vogel, A. (2024, September 16–18). Healing after loss: Understanding suicide bereavement as a path to prevention. In *Writing our own story of wellness and healing* [Symposium]. Alachua County Crisis Center, Online, FL, USA.

Bonfini, J., Vogel, A., & Sanders-DeVillier, M. (2024, November 7). *Culturally sensitive suicide intervention & treatment* [Roundtable]. SACES 2024 Conference, Dallas, TX.

Vogel, A. N. (2024, November 15). *Rhythmic renewal: Using dance therapy to creatively restore mental well-being* [Conference session]. Association for Creativity in Counseling Conference 2024, Online.

Vogel, A., & Simmons, R. (2025, February 28). Ethical selection of and use of ai tools [Conference Session]. Counselor Education Distance Learning Conference, Palo Alto, CA, United States.

LEADERSHIP - COMMUNITY SERVICE

- Board Member, Operation Solid 7
- Former Volunteer, C.A.R.E. Hospital Response Advocate
- Former Volunteer, National Suicide Prevention Hotline
- Former Board Member, American Foundation for Suicide Prevention – Southwest Florida
- Graduate Committee Member, International Association for Resilience & Trauma Counseling (IARTC)

PROFESSIONAL ORGANIZATIONS

- American Counseling Association
- National Certified Counselor
- Association for Death Education and Counseling
- American Association of Suicidology
- EMDRIA (EMDR International Association)
- Association for Spiritual, Ethical, and Religious Values in Counseling
- Association for Counselor Education and Supervision
- International Association for Resilience and Trauma Counseling