



# MENTORING

## A GUIDE ON HOW TO USE YOUR MENTOR

Applied Business Studies has recently added Faculty Mentors to student Workday accounts. Here is a guide on how to find your Mentor and how your Mentor can help you. Check out our website for more information: [www.fhsu.edu/appliedbusiness/mentoring-program/](http://www.fhsu.edu/appliedbusiness/mentoring-program/)



## ADVISOR VS. MENTOR

### ACADEMIC ADVISORS

- Assist with Course Selection
- Help with Degree Planning
- Explain Academic Policies
- Connect Students to Resources
- Navigate Academic Success

### FACULTY MENTORS

- Provide Support Beyond the Classroom
- Help with Career Development
- Guidance on Research Opportunities
- Professional Skill Enhancement (internships)
- Personal Growth

## MEETING YOUR MENTOR:

1

### HOW TO FIND YOUR MENTOR

All ABS students have been assigned a Mentor. In Workday, open the menu on the top left side and click on “myFHSU.” On the left side under “Important Contacts Support Network” you will find the Role “Faculty Mentor.” Scroll to the right and you will find the name and contact information for your Mentor.

2

### SET UP A MEETING

After finding your Faculty Mentor in Workday, send him/her an email requesting to set up a meeting with available dates and times that work for you.

3

### PLAN FOR YOUR MEETING

Make a list of questions that you would like to discuss with your Mentor. These can include course questions, internship opportunities, interview prep, etc.

4

### MENTOR MEETING

Meet with your Mentor and enjoy the benefits of a strong mentoring relationship to assist in your academic pursuits and career aspirations.

SCAN HERE:

