

General Education Course Proposal Guidelines Personal and Professional Development— Institutionally Designated Area 1

Approved by FHSU General Education Committee 6 April 2023

Objective:

Students will reflect on their strengths and capitalize on opportunities for growth in their personal decision making and/or transferable professional skills.

Outcomes:

1. Explain the importance of personal and/or professional development in lifelong learning.
2. Identify goals for their own growth in a personal and/or professional area.
3. Create an appropriate individualized plan or decision-making process to achieve identified goals.

KBOR General Education Framework:

Personal and Professional Development is one of the two Institutionally Designated Areas for the program. This area allows each Kansas public institution to define requirements for societal issues, local needs, and institutional priorities.

Definitions:

1. "Personal Decision-Making Skills": broadly applicable skills that focus on developing an individual's ability to assess options on personal matters and make choices consistent with their values, interests, and strengths. (See personal development examples below.)
2. "Transferable Professional Skills": broadly applicable skills that focus on developing an individual's strengths and employability across occupations and industries. (See professional development examples below.)
3. "Lifelong Learning": "The provision or use of both formal and informal learning opportunities throughout people's lives in order to foster the continuous development and improvement of the knowledge and skills needed for employment and personal fulfillment," *Collins English Dictionary*, 12th ed. 2014.

Guiding Principles:

Many topics would fit into the Personal and Professional Development outcome set. Course designers are encouraged to consider a range of subjects that would provide opportunities for student growth. The intent of the outcome set is not to provide training activities designed to teach a narrow range of skills. The following are only examples to guide course development, and proposed courses are not limited to these topics:

Personal Development: career choice, finances, physical health, mental health, interpersonal relationships.

Professional Development: collaborative relationships, teamwork, computing, technology literacy, equity and inclusion, leadership, professional ethics.