

Tobacco Free Policy Committee Division Report

Submitted: 7-25-18

Chair: Bob Duffy

Committee: Lynn Adams, Jeffrey Briggs, Andree Brisson, Traci Ditter, Brent Hirsch, Ed Howell, Shannon Lindsey, Frank Mindrup, Leslie Paige, Wendy Rohleder-Sook, Jan Schmidtberger, Steven Sedbrook, Michael Walker,

Invited to appoint replacement members: Christina Hurtado, Lisa Karlin

The committee did not meet during the 2017-2018 academic year. The committee submitted its final report regarding the grant to the Kansas Health Foundation, and a final grant-funded report by the Docking Institute of Public Affairs was submitted to the committee, which forwarded it's findings to the Kansas Health Foundation. Those reports are included below. Overall the reports indicate positive outcomes of the policy as indicated by significant reductions in cigarette, and e-cigarette usage, and respondents stating that they are more encouraged about staying at FHSU because of the policy. There is, however an increase in chewing tobacco. The committee has not been made aware of any specific continuous policy violations. The committee will meet at least twice this academic year.

The Annual Reports Detail

Initiative: Tobacco-Free Campuses

Organization: Fort Hays State University

Grant Number: 201401006-01

Covering 1/1/2017 – 6/30/2017

Describe most important lessons learned to date.

In 2014, FHSU nearly passed a Tobacco-Free Policy. If this policy had gone through without being planned for and with scant resources dedicated to implementation, it surely would not have been as successful as our current policy is. By taking a step back, leveraging the Kansas Health Foundation's grant, enlisting Ty Patterson as a consultant, sending members of the Tobacco Policy Task Force to the Forum on Tobacco Policy, and consulting with other campuses considering such a policy, FHSU engaged in a process of investigating the policy that was truly best for our students, faculty, staff, and the campus environment. On July 1, 2016 FHSU enacted the current Tobacco-Free Policy.

The most important lessons learned through this process have been:

1. You don't have to always utilize a health promotion stance to address health related issues. In this case promoting respect for the environment and those people around you has shown to be effective. This in turn, will show health benefits to campus.

2. Successful policy change and implementation are processes that have to be afforded time. Without taking the time to develop a strategy for implementation and securing the resources to give the policy the best chance to actually impact the health of campus in a positive direction, this would simply be a section of print in a policy handbook. Instead, we have actively engaged the University Community in an ongoing process that is already showing promising results.

Describe unanticipated outcomes (positive or negative) encountered, if any.

1. The process of enacting this policy took longer than expected.
2. Survey respondents asking for more enforcement of fines, etc... This was noted in the most recent survey. This is also the type of policy we are trying to avoid.
3. The policy is encouraging respondents to stay at FHSU.
4. Significant reductions in cigarette and e-cigarette usage, but a significant increase in chewing tobacco usage.

Describe steps being taken to ensure sustainability of this work beyond grant term, if any.

The Tobacco Policy Task Force has transitioned to a University Standing Committee. As the physical campus infrastructure changes, signage about the policy will be considered in those plans. Surveys already being conducted on an annual or semi-annual schedule will be amended to include Tobacco Policy questions. The Live Safe App has had a Tobacco Free Policy violation reporting tool added to it, specifically for FHSU. Orientation programs for new members of the University Community (students and staff) feature the Tobacco Free Policy in their education. Student Health Services offers tobacco cessation products at a greatly reduced price. The Tobacco Policy Webpage will be amended as necessary to address emerging issues

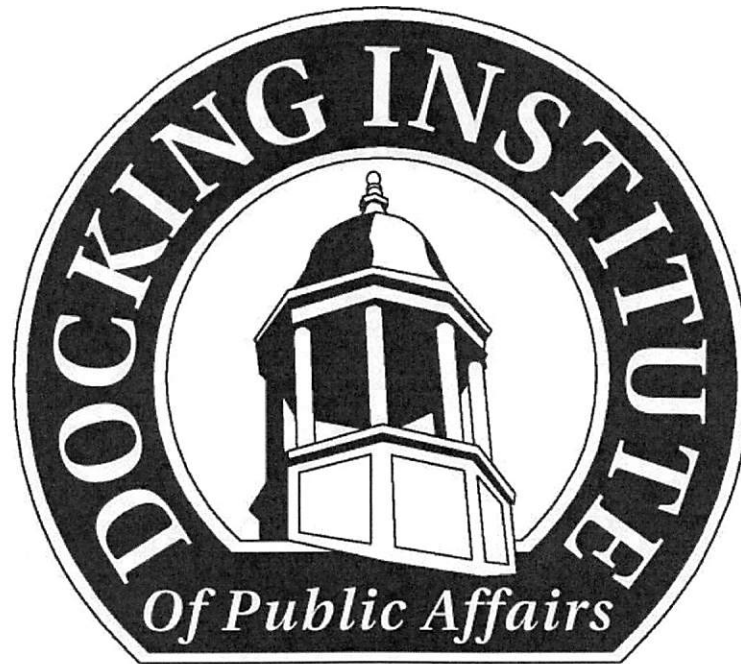
Based upon experience to date, will proposal objectives be achieved within budget and time remaining?

Yes, the policy has been in effect for 13 months now. There are some mixed results, but most are positive

How do you foresee this effort, or the results/outcome of this effort, three years from now? Please explain your response.

Three years from now FHSU expects to see a further reduction in tobacco use of all kinds. As the policy becomes more “institutionalized” and a cycle of 4 classes pass through campus. This will also increase the overall health of campus and our environment. FHSU will also look at our process for this policy as a model to be replicated for other policies.

Is there anything KHF could have done to better support the grant-related activities/objectives?



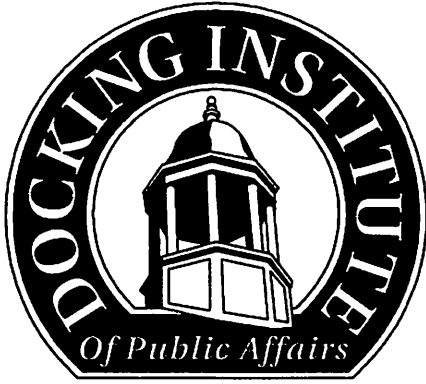
No, the staff at KHF has been responsive, resourceful, professional, and always courteous.

**FHSU Tobacco Policy Committee
2016 Campus Survey
(with Data from the 2014 Survey)**

Prepared For
The FHSU Tobacco Policy Committee

Prepared By
The Docking Institute of Public Affairs

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Mission:

**FHSU Tobacco Policy Committee
2016 Campus Survey
(with Data from the 2014 Survey)**

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Prepared For:

The FHSU Tobacco Policy Committee