

Fort Hays State University- Division of Student Affairs Learning Outcomes

By working with the various departments within the Division of Student Affairs,
Fort Hays State University students will:

- ❖ Develop their skills to communicate effectively.
- ❖ Demonstrate intellectual growth.
- ❖ Demonstrate continuing emergence of intrapersonal development.
- ❖ Engage in healthy behaviors.
- ❖ Develop meaningful interpersonal relationships.
- ❖ Engage in matters of local, regional, and global social & civic responsibility.
- ❖ Appreciate diversity

Effective communication:

Examples of achievement writes and speaks coherently and effectively; writes and speaks after reflection; able to influence others through writing, speaking, or artistic expression; effectively articulates abstract ideas; uses appropriate syntax; makes presentations or gives performances.

Admissions

- ❖ **Goal:** Staff members will train new staff members about being certified for campus visits, campus tours, and high school/community college presentations. We continue to certify our counselors for campus tours, campus visits, and high school/community college presentations. These training moments offer a time for constructive criticism during their training schedules throughout the year.
Status: Administrative staff will provide training to help staff members master the art of positive persuasion.

Health & Wellness Services

- ❖ **Goal:** Provide at least one outreach activity focused on improving intrapersonal development.
Status: Continued to work with students who are struggling with achievement in finding ways to be successful through accessibility or personal counseling. Working on ways to know of students in need in a more efficient and effective manner. Outreach to campus partners to better assist students in need.

Residential Life

- ❖ As a result of participating in student staff training for our Residential Life employees, students will be able to explain our conduct sanctioning, purpose of Residential Life, campus resources, and other aspects of their job.
 - All student staff were able to identify 2 aspects they learned through training.
 - Our Community Assistants felt prepared for Move-in during this school year after Community Assistant training. 97% of our Community Assistants said that they were prepared for move-in after going through training.
- ❖ By sending out newsletters to our students, they will have a better understanding of what activities are occurring around campus and will be more aware of cultural differences.
 - Our Professional Staff sent newsletters to students about campus resources and upcoming events. Residential Life had over 800 residents attend events that campus partners hosted through our (RECC) programs.

Student Engagement & Belonging

- ❖ Several programs created by the Student Engagement office provide a space for students to develop their teamwork and communication skills to be able to effectively communicate with others.

Intellectual growth:

Examples of achievement: produces personal and educational goal statements; employs critical thinking in problem solving; uses complex information from a variety of sources including personal experience and observation to form a decision or opinion; obtains a degree; applies previously understood information and concepts to a new situation or setting; expresses appreciation for literature, the fine arts, mathematics, sciences, and social sciences.

Admissions

- ❖ Goal: Office staff will determine their learning, thinking, and working styles utilizing staff exercise. This will determine how our personalities can work better together.
Status – Fall 2026 semester.

Health & Wellness Services

- ❖ **Goal:** Provide at least one outreach activity focused on improving intellectual development about a health-related topic.
Status: Dr. Curtis and Dave Bollig presented to the Consumer Health class. The presentation focused on the importance of health insurance in the U.S. healthcare system.

Residential Life

- ❖ As result of participating in Professional Staff training, our full-time staff will have the knowledge to help them fulfill their position duties.
 - Professional training for our full-time staff encompasses 8 days with the goal of teaching them job fundamentals, including advising, crisis management, and conduct management among other skills.
 - As a result of our Community Assistant participating in behind closed doors (a training session to prepare for crisis, involving both emotional & physical situations) they will be able to appropriately address on call situations.
 - 95% of our CA's felt prepared to address on-call situations.

Student Engagement & Belonging

- ❖ This past year, we had programs and initiatives that allowed students to be creative, challenge their critical thinking, and problem-solving skills through a variety of leadership training and events.

Intrapersonal development:

Examples of achievement: shows self-respect and respect for others; initiates actions toward achievement of goals; takes reasonable risks; functions without need for constant reassurance from others; integrates multiple aspects of identity into a coherent whole; identifies and commits to important aspects of self; incorporates ethical reasoning into action; acts in congruence with personal values and beliefs; exemplifies dependability, honesty, and trustworthiness; accepts personal accountability.

Health and Wellness Services

- ❖ **Goal:** Provide at least one outreach activity focused on improving intrapersonal development.

Status: Health and Wellness Services has provided a variety of training, group presentations, and events during this year.

- Facilitated discussions with several campus entities about healthy behaviors and preventing burnout.

Memorial Union

- ❖ **Goal:** After participating in the October Memorial Union Student Employee Activity, students will identify at least one time management practice to implement for the remainder of the semester.

Status: For the monthly student employee development activity in the Memorial Union, students participated in a time management activity. Students completed self-assessment and reflection to measure their current management practices.

Several methods and resources were shared, and at the conclusion, students identified at least one new method or tool to implement. Thirty-nine students participated in the activity. All were able to identify at least one way to improve their time management, with use of a planner being the most common response.

Student Engagement & Belonging

- ❖ Most of our events involve getting students connected with one another and, for some, providing a space to explore outside of their comfort zone to personally grow and develop.

Healthy Behaviors:

Examples of achievement: chooses behaviors and environments that promote health and reduce risk; articulates the relationship between health and wellness and accomplishing life-long goals; exhibits behaviors that advance a healthy community.

Admissions

- ❖ **Goal:** Promote staff members that choose to be involved in Well Tigers program. Discuss their goals and help promote their path to better health.
Status: Provide time for our staff to meet and visit about their goals and how we can help them accomplish their goals during the academic year.

Health & Wellness Services

- ❖ **Goal:** Develop at least one process that promotes health and wellness of FHSU students and helps them gain access to resources to accomplish improved healthy behaviors.
Status:
 - Collaborated with advisors and campus partners to better understand how to support students and meet their needs.
 - Implemented TogetherAll, an online resource that is accessible to all students that allows them to connect with mental health resources and peers who are experiencing similar situations.

Residential Life

- ❖ As a result, in participating in our health & wellness programs, students will have a better understanding of the importance of self-care.
 - Residential Life has put on over 10 planned programs that have addressed the mental and physical health of students. Programs that were put on were: Walk & Chalk, Donut Stress, Potting, Grab & Go's, Puzzles & Coloring, Can We Just Talk, Study Sessions, Gratitude and how to be thankful, etc. These planned programs had over 150 students attend them.

Student Engagement & Belonging

- ❖ Partners with wellness programs to create self-care and supportive experiences.

Meaningful interpersonal relationships:

Examples of achievement: develops and maintains satisfying interpersonal relationships; establishes mutually rewarding relationships with friends and colleagues; listens to and considers others' points of view; treats others with respect.

Admissions

- ❖ **Goal:** Time continues to be allotted at PHD meetings for staff to share personal moments. We focus on a monthly PHD meeting to share what is going on in our personal lives. This year we will focus on things we can teach each other to use in our personal professional lives.

Status: Weeks will be assigned to staff members, and an allotment of time will be given at each PHD meeting to present.

Health & Wellness Services

- ❖ **Goal:** Provide at least one outreach activity focused on improving intrapersonal development.

Status:

- Worked with campus partners to present on building healthy habits, and intellectual health.
- Provided Professional Development Day presentation on Accessibility services and how to be more accessible to all students.

Memorial Union

- ❖ **Goal:** After participating in the November Memorial Union Student Employee Activity, students be able to write a professional thank you note with proper addressing for the US postal system.

Status: For the monthly student employee development activity in the Memorial Union, students were given examples of how to properly write thank you notes in a professional setting as well as information on how to address envelopes for the US postal system. Students were then given the resources to write a note to a person who has recently had a positive impact on their collegiate experience. Thirty-five students participated in the activity and were able to follow the guidelines for writing a card. Thirty-two students were able to properly address the card, with three needing minor corrections.

Residential Life

- ❖ As a result of living on campus, students are better able to develop positive personal interactions and interpersonal relationship skills with their roommates and community members.
 - Residence halls offer a variety of welcoming spaces for students to interact with each other and convene as groups. These spaces include community kitchens, study rooms, community lounges, and game rooms.
 - Based on our Residential Life Annual Student Survey data:
 - 86% of students felt their ability to meet other people was enhanced by living on campus.
 - 88% of students felt living on campus enhanced their ability to resolve conflict.
 - 90% of students felt living on campus allowed them to make meaningful connections with other residents.

Social and Civic Responsibility:

Examples of achievement: understands and participates in relevant governance systems; understands, abides by, and participates in the development, maintenance, and/or orderly change of community, social and legal standards or norms; appropriately challenges the unfair, unjust, or uncivil behavior of other individuals or groups; participates in service/volunteer activities.

Health & Wellness Services

- ❖ **Goal** Develop training to better help FHSU students understand different aspects of mental health and/or stigmatized populations.
Status: Expanded Tigers Without Limits to include all individuals who may be struggling with social issues or transitioning into college.

Residential Life

- ❖ Students living on campus have the opportunity to participate in several levels of governance systems, exhibit leadership, learn about, and actively participate in challenging social injustice.
 - Students living on campus are provided with policies and community standards focused on creating an inclusive and fair community. Students in leadership roles are asked to enforce compliance with these policies. Additionally, all students have the opportunity to participate in community councils, and the Residence Hall Association. These groups offer opportunities to change and challenge policies and community standards.

- A variety of programming is also hosted throughout the year to encourage students to learn about laws, issues, and social injustice as well as offering the opportunity to engage in creating change. A few of these programs include:
 - Several programs that revolved around alcohol, drugs, and laws of what happens when you get it. Educational impaired Mario cart, pong tournament, bulletin boards on consent, etc.
 - Several programs around cultural differences, which ties to social injustice. Programs are- Cultural Movie nights, Diversity Donuts, Diversity Dance, etc.
 - Programs also on women empowerment that talked about current issue and how to change your oil.

Student Engagement & Belonging

- ❖ Continue to encourage all student organizations to get their service hours each year, host service-learning events, and collaborate with departments and organizations to elevate existing programs.

Appreciate Diversity

Understands one's own identity and culture. Seeks involvement with people different from oneself; Seeks involvement in diverse interests; articulates the advantages and challenges of a diverse society; Challenges appropriately abusive use of stereotypes by others; understands the impact of diversity on one's own society.

Admissions

- ❖ **Goal:** Admissions staff will volunteer and collaborate with international admissions and global affairs during international and diversity weeks or days.

Status: We continue to display our "you are welcome here" sign throughout the academic year. We also volunteer to help at events or attend open events to show our support.

Health & Wellness Services

- ❖ **Goal** Provide at least one service that is focused on diversity and engaging others with identities and/or cultures.

Status:

- Performed Disability Awareness week activities. Including Fun Facts with Coffee, information sessions with accessibility staff, and tabling in the Memorial Union about accessibility etiquette and supporting students who have a disability or diagnosis that may impact their academic journey.