

## Supporting First-Year, First-Generation College Students in Transition

Brett Bruner, Director of Transition & Student Conduct Dr. Keegan Nichols, Associate Vice President for Student Affairs/Title IX Coordinator

Melanie Arellano, Haydee Reyes & Ricardo Zamora, NUFP Fellows

Fort Hays State University





### Overview

- Introductions
- Learning Outcomes
- Defining First-Generation College Students: A National Literature Review
- Telling Your Institution's First-Generation College Student Story
- Institutional Strategies
  - The Lighthouse Project First-Generation College Student Transition Program at FHSU















As a result of participating in this educational session, participants will:

- Define orientation, transition & retention.
- Identify 2 characteristics of first-year, firstgeneration college students in transitioning into higher education.
- Articulate 1 new strategy to utilize to build or enhance a culture of support for first-year, first-generation college students in transition.







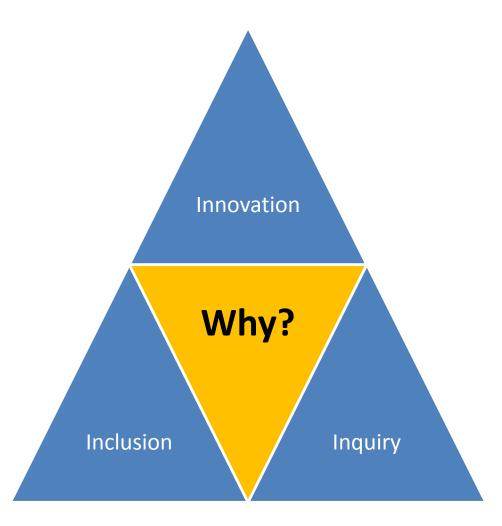




\* \* \* \* \*



## Reflective Prompt #1





\*\* \* \*





• Orientation:

• Transition:

<u>Retention:</u>

#NASPA17 f 🎔 🔂 @NASPATWEETS





 Orientation: deliberate programmatic & service efforts designed to facilitate the transition of new students to the institution; prepare students for the institution's educational opportunities & student responsibilities; initiate the integration of new students into the intellectual, cultural & social climate of the institution; & support the parents, partners, guardians, & children of the new student.

**Source:** NODA Task Force to Explore the Definition of Orientation, Transition & Retention (2012)







• <u>Retention</u>: student progression through higher education, focusing primarily on student persistence (i.e. term to term) through the beginning of the 2<sup>nd</sup> year at the same institution, with the goal being graduation from that institution and/or achievement of personal educational objectives. Retention is 1 outcome/measure/byproduct of successful student transition, which can be facilitated by effective orientation programs & other academic & social integration processes.

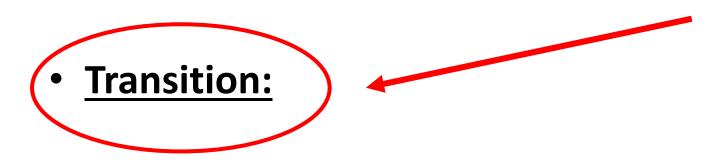
<u>Source:</u> NODA Task Force to Explore the Definition of Orientation, Transition & Retention (2012)







• Orientation:



**@NASPATWEETS** 

• <u>Retention:</u>

#NASPA17 🚹 🎔 🔂





 <u>Transition</u>: the process students go through (typically lasting up to 1 year) when entering a particular institution of higher education and/or entering the same institution for a new purpose. This may include, but is not limited to, entering a college as a first-year student, transferring to a college from a different institution, and/or entering a college or university for a subsequent degree. Successful transition results in student integration into the institution & ultimately retention and/or achievement of personal educational objectives.

**Source:** NODA Task Force to Explore the Definition of Orientation, Transition & Retention (2012)





- First-generation college student: "a student for whom neither parent attended college or a student for whom neither parent attained a baccalaureate degree" (Ward, Siegel & Davenport, 2012, p. 3)
- <u>Continuing-generation college student:</u> a student "with at least one parent with a four-year college degree" (Leopold, 2014, para 2)





- <u>Cultural capital:</u> "the extent to which one is comfortable and familiar with the norms and culture of the institution" (Lundberg, Schreiner, Hovaguimian & Slavin Miller, 2007, pp. 58-59)
- <u>Social capital:</u> "resources embedded in social structures, accessibility to those resources, and use of such resources" (Nichols & Islas, 2016, p. 63)





## Reflective Prompt #2

#### How does your institution define "firstgeneration college student?"

# How does this definition align with your institution's mission, values, and/or strategic priorities?







#### **Pre-College Characteristics**









## Transition into Higher Education COMMUNITY









#### Mental Health









#### Family Engagement & Interaction

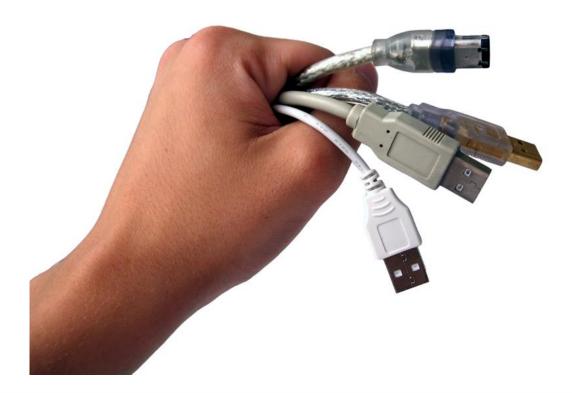








#### Institutional Challenges







## Your Campus First-Gen Story



#### Ricardo Zamora

#### Junior, Business Management major NUFP Fellow Student Director for the Transition Experience





## Your Campus First-Gen Story

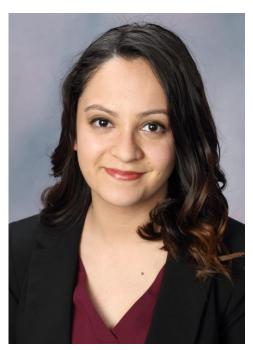


#### Haydee Reyes Junior, Organizational Leadership major NUFP Fellow

Student Director for Tiger Impact Fall Orientation



## Your Campus First-Gen Story



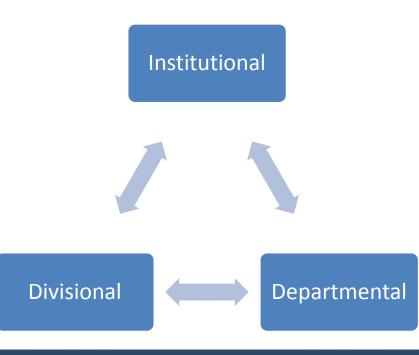
#### Melanie Arellano Junior, Social Work major NUFP Fellow Student Director for Family Orientation





**#NASPA17** 

#### What data do you not have that you need to make informed decisions about strategies for your institution's first-generation college students?



**@NASPATWEETS** 





## Institutional Strategies

#### You cannot do this alone... But you can champion the cause





## INTEGRATED **STRATEGIES**







## Institutional Strategies









#### If there is a leadership gap on your campus, how will you fill it with capacity to support firstgeneration college students?

**Direction and Goals** 

Interconnectivity







#NASPA17 🚹 🎔 🔂

**@NASPATWEETS** 

## Institutional Strategies







## The Lighthouse Project







Some starting points from EAB's (2016) toolkit

- Empower students to better navigate the college experience
- Highlight positive identity-based messaging
- Rethink our approach to student involvement
- Frontload guided practice with career development
- Intentionally engage parents & family members



#### \* \* \* \* \* \* \*

## Culture of Support









## **Contact Information**

Brett Bruner, Director of Transition & Student Conduct – <u>blbruner@fhsu.edu</u>

Dr. Keegan Nichols, Associate Vice President for Student Affairs/Title IX Coordinator – <u>knnichols@fhsu.edu</u>

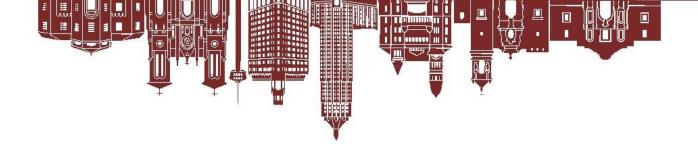
Melanie Arellano, NUFP Fellow/Student Director for Family Orientation – <u>mgarellanoluna@mail.fhsu.edu</u>

Haydee Reyes, NUFP Fellow/Student Director for Tiger Impact Fall Orientation – <u>hpreyes@mail.fhsu.edu</u>

Ricardo Zamora, NUFP Fellow/Student Director for Transition Experience – <u>r\_zamora.se@fhsu.edu</u>







## Supporting First-Year, First-Generation College Students in Transition



#### FORT HAYS STATE UNIVERSITY OFFICE OF TRANSITION AND STUDENT CONDUCT

Forward thinking. World ready.

