

Overview:

The Health and Wellness Services is committed to helping Fort Hays State University students, faculty and staff be successful in their personal development by providing:

Counseling:

- Personal Counseling
- Academic Counseling
- Drug and Alcohol Counseling
- Chemical Dependency Evaluations
- Alcohol Information Seminars
- Disability Accommodations
- Learning Disability Testing
- National Testing Services
- Prometric Testing
- Crisis Support
- Outreach Services on a Range of Mental Health Topics

Medical:

- Treatment of minor illness and injuries
- Women's health services, including pap smears, contraceptive counseling and general health consultations
- Medication management for mild to moderate anxiety and depression
- Physical examinations
- Administration of routine vaccines, allergy injections and medications
- Confidential testing and treatment of sexually transmitted infections
- Over the counter medications
- Presentations and outreach clinics at other locations on campus

Points of Pride: (for reporting academic year)

- ❖ Received an \$80,000 grant from KBOR to purchase personal care items and food. Spent all \$80,000 between November and June
- ❖ Completed the final year of the Garrett Lee Smith Campus Suicide Prevention Grant Program
 - Identified community partnership opportunities
 - Trained students, staff, and faculty on working with at-risk students
 - Created activities and programs centered around suicide prevention
- ❖ Created and performed AED training for students, faculty, and staff

Focus Areas for 2023-2024: (goals for next academic year)

- ❖ Outsource medical billing, identify areas of billing improvement.
- ❖ Continue to integrate counseling services, accessibility services and health center services to best serve the FHSU community.
- ❖ Focus on Alcohol and Drug preventive services. Increase visibility at campus events.

By the Numbers: (data from current academic year)

Health and Wellness Services	Totals
Medical Appointments	3,411
Therapy Visits	3,381
Therapy Intakes	400
Crisis Sessions	25
D&A Sessions	49
D&A Intakes	12
Accessibility Services	200